

**Self-Help Center**  
**Room 310**  
**Closed Daily 12 noon – 1:00pm**

The appropriate packet is required for all workshops and can be obtained from Court Operations located at 421 I Street between 9:00am and 2:00pm. Please arrive promptly for the workshop at the time stated below.

**MONDAY:**

**10:00 am to 11:00 am**

**Restraining Order Workshop**

**11:00 am to 12 noon**

**Brief Assistance/Request for Order Workshop**

**TUESDAY:**

**9:00 am to 11:00 am**

**Divorce Workshop Set 1**

**11:00 am to 12 noon**

**Brief Assistance/Request for Order Workshop**

**1:00 pm to 4:00 pm**

**Appointments (pre-scheduled)**

**WEDNESDAY:**

**10:00 am to 11:00 am**

**Restraining Order Workshop**

**11:00 am to 12 noon**

**Brief Assistance/Request for Order Workshop**

**1:00 pm to 2:00 pm**

**Establish Parental Relationship Workshop**

**THURSDAY:**

**10:00 am to 11:00 am**

**Divorce Workshop II**

**11:00 am to 12 noon**

**Brief Assistance/Request for Order Workshop**

**1:00 pm to 4:00 pm**

**Appointments (pre-scheduled)**

**FRIDAY:**

**9:00 am to 10:00 am**

**Restraining Orders Workshop**

**10:00 am to 12 noon**

**Appointments (pre-scheduled)**

At this time appointments can be made by visiting the Self Help Center in Room 310 during the Brief Assistance times on Tuesday and Wednesday, calling the Center at (707) 445-7256, menu option 5, or emailing the Center at [court.selfhelp@humboldtcourt.ca.gov](mailto:court.selfhelp@humboldtcourt.ca.gov).

Additional Self Help information on many subjects and all Judicial Council forms can be found at the Judicial Council website at [www.courts.ca.gov](http://www.courts.ca.gov).